

# St. James Food Policy

According to FARE (Food Allergy Resource and Education), 1 in 13 children has a food allergy. St. James strives to provide a safe environment for all our students. We will continue to be an Allergy Aware School. Teachers and staff are provided with allergy awareness training in the beginning of each year to ensure the safety of our students. We store emergency Epi-pens in the Cafeteria and Front office. Allergy Action Plans and medication must be provided to the school clinic if you have a child with a life threatening allergy.

Being an Allergy Aware School means we practice the following:

1. Snacks eaten in the classrooms should be nut-free. This will be strictly enforced in grades K-2 and encouraged in 3-8. We have students with food allergies in all grades.
2. Food provided for the whole class or school must be nut-free and commercially prepared, prepackaged with a label. Label must state the food is nut-free. Items made in a plant that shares equipment that processes peanuts or tree nuts will NOT be distributed to the class. Home baked goods are not allowed.
3. We do not allow food sharing at snack and lunch time.
4. There is a nut-free table at every lunch. The students with nut allergies sit together at this table. The table is cleaned after every lunch with disposable Clorox wipes.

While no school can ever state they are totally peanut and tree nut FREE, we at St. James are committed to making our school a safe and comfortable school for all our students and families.

For additional information please check out the following website from Food Allergy Research and Education:

<https://www.foodallergy.org>

<https://snacksafely.com/safe-snack-guide/>

Please contact the School Nurse if you have any questions or concerns:

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St. James School Nurse

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